

| Tidsplan - Kunstgræsbane (11-mands) 9/2 - 15/2 |                             |                                 |                               |             |                           |             |
|------------------------------------------------|-----------------------------|---------------------------------|-------------------------------|-------------|---------------------------|-------------|
| Mandag                                         | Tirsdag                     | Onsdag                          | Torsdag                       | Fredag      | Lørdag                    | Søndag      |
| 09:00-10:30                                    | 09:00-10:30                 | 09:00-10:30                     | 09:00-10:30                   | 09:00-10:30 | 09:00-11:00               | 09:00-11:00 |
| 10:30-12:00                                    | 10:30-12:00                 | 10:30-12:00                     | 10:30-12:00                   | 10:30-12:00 | 11:00-13:00               | 11:00-13:00 |
| 12:00-13:30                                    | 12:00-13:30                 | 12:00-13:30                     | 12:00-13:30                   | 12:00-13:30 | 13:00-15:00<br>DS - Hobro | 13:00-15:00 |
| 13:30-15:00                                    | 13:30-15:00                 | 13:30-15:00                     | 13:30-15:00                   | 13:30-15:00 | 15:00-17:00               | 15:00-17:00 |
| 15:00-16:30                                    | 15:00-16:30                 | 15:00-16:30                     | 15:00-16:30                   | 15:00-16:30 | 17:00-19:00               | 17:00-19:00 |
| 16:30-18:00<br>U9D + U10D                      | 16:30-18:00<br>U12P/U13P    | 16:30-18:00<br>U14D L2B - Freja | 16:30-18:00<br>U12D           | 16:30-18:00 | 19:00-21:00               | 19:00-21:00 |
| 18:00-19:30<br>DS + U13D                       | 18:00-19:30<br>DS + S3      | 18:00-19:30<br>U15D + U16D      | 18:00-19:30<br>U14P/U15P/U17P | 18:00-19:30 |                           |             |
| 19:30-21:00<br>U19D                            | 19:30-21:00<br>S4           | 19:30-21:00<br>U19D/S4          | 19:30-21:00<br>DS + S3        | 19:30-21:00 |                           |             |
| 21:00-22:30                                    | 21:00-22:30                 | 21:00-22:30                     | 21:00-22:30                   | 21:00-22:30 |                           |             |
|                                                |                             |                                 |                               |             |                           |             |
| Tidsplan - Kunstgræsbane (8-mands)             |                             |                                 |                               |             |                           |             |
| Mandag                                         | Tirsdag                     | Onsdag                          | Torsdag                       | Fredag      | Lørdag                    | Søndag      |
| 09:00-10:30                                    | 09:00-10:30                 | 09:00-10:30                     | 09:00-10:30                   | 09:00-10:30 | 09:00-10:30               | 09:00-10:30 |
| 10:30-12:00                                    | 10:30-12:00                 | 10:30-12:00                     | 10:30-12:00                   | 10:30-12:00 | 10:30-12:00               | 10:30-12:00 |
| 12:00-13:30                                    | 12:00-13:30                 | 12:00-13:30                     | 12:00-13:30                   | 12:00-13:30 | 12:00-13:30               | 12:00-13:30 |
| 13:30-15:00                                    | 13:30-15:00                 | 13:30-15:00                     | 13:30-15:00                   | 13:30-15:00 | 13:30-15:00               | 13:30-15:00 |
| 15:00-16:30                                    | 15:00-16:30                 | 15:00-16:30                     | 15:00-16:30                   | 15:00-16:30 | 15:00-16:30               | 15:00-16:30 |
| 16:30-18:00<br>U10P + U11P                     | 16:30-18:00<br>U8D          | 16:30-18:00<br>U7D + U7P        | 16:30-18:00<br>U11D           | 16:30-18:00 | 16:30-18:00               | 16:30-18:00 |
| 18:00-19:30<br>U13D                            | 18:00-19:30<br>ETT træning  | 18:00-19:30<br>U12D/U13D/U13P   | 18:00-19:30<br>Kvinder S1     | 18:00-19:30 |                           |             |
| 19:30-21:00<br>Oldboys 40+                     | 19:30-21:00<br>FC Nordsiden | 19:30-21:00<br>Oldboys 53+      | 19:30-21:00                   | 19:30-21:00 |                           |             |
| 21:00-22:30                                    | 21:00-22:30                 | 21:00-22:30                     | 21:00-22:30                   | 21:00-22:30 |                           |             |
|                                                |                             |                                 |                               |             |                           |             |

| Tidsplan - Kunstgræsbane (11-mands) 16/2 - 22/2 |                                   |                               |                               |             |                              |                              |
|-------------------------------------------------|-----------------------------------|-------------------------------|-------------------------------|-------------|------------------------------|------------------------------|
| Mandag                                          | Tirsdag                           | Onsdag                        | Torsdag                       | Fredag      | Lørdag                       | Søndag                       |
| 09:00-10:30                                     | 09:00-10:30                       | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30 | 09:00-11:00                  | 09:00-11:00                  |
| 10:30-12:00                                     | 10:30-12:00                       | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00 | 11:00-13:00                  | 11:00-13:00<br>U14D L5 - RKG |
| 12:00-13:30                                     | 12:00-13:30                       | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30 | 13:00-15:00<br>DS - Vorup    | 13:00-15:00                  |
| 13:30-15:00                                     | 13:30-15:00                       | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00 | 15:00-17:00                  | 15:00-17:00                  |
| 15:00-16:30                                     | 15:00-16:30                       | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30 | 17:00-19:00                  | 17:00-19:00                  |
| 16:30-18:00<br>U9D + U10D                       | 16:30-18:00<br>U12P/U13P          | 16:30-18:00<br>U14D           | 16:30-18:00<br>U12D           | 16:30-18:00 | 19:00-21:00                  | 19:00-21:00                  |
| 18:00-19:30<br>DS + U13D                        | 18:00-19:30<br>DS - Aalborg Chang | 18:00-19:30<br>U15D + U16D    | 18:00-19:30<br>U14P/U15P/U17P | 18:00-19:30 |                              |                              |
| 19:30-21:00<br>U19D                             | 19:30-21:00<br>S4                 | 19:30-21:00<br>U19D/S4        | 19:30-21:00<br>DS + S3        | 19:30-21:00 |                              |                              |
| 21:00-22:30                                     | 21:00-22:30                       | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30 |                              |                              |
|                                                 |                                   |                               |                               |             |                              |                              |
| Tidsplan - Kunstgræsbane (8-mands)              |                                   |                               |                               |             |                              |                              |
| Mandag                                          | Tirsdag                           | Onsdag                        | Torsdag                       | Fredag      | Lørdag                       | Søndag                       |
| 09:00-10:30                                     | 09:00-10:30                       | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30 | 09:00-10:30                  | 09:00-10:30                  |
| 10:30-12:00                                     | 10:30-12:00                       | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00 | 10:30-12:00<br>U12D A - Sæby | 10:30-12:00                  |
| 12:00-13:30                                     | 12:00-13:30                       | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30 | 12:00-13:30                  | 12:00-13:30                  |
| 13:30-15:00                                     | 13:30-15:00                       | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00 | 13:30-15:00                  | 13:30-15:00                  |
| 15:00-16:30                                     | 15:00-16:30                       | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30 | 15:00-16:30                  | 15:00-16:30                  |
| 16:30-18:00<br>U10P + U11P                      | 16:30-18:00<br>U8D                | 16:30-18:00<br>U7D + U7P      | 16:30-18:00<br>U11D           | 16:30-18:00 | 16:30-18:00                  | 16:30-18:00                  |
| 18:00-19:30<br>U13D                             | 18:00-19:30<br>ETT træning        | 18:00-19:30<br>U12D/U13D/U13P | 18:00-19:30<br>Kvinder S1     | 18:00-19:30 |                              |                              |
| 19:30-21:00<br>Oldboys 40+                      | 19:30-21:00<br>FC Nordsiden       | 19:30-21:00<br>Oldboys 53+    | 19:30-21:00                   | 19:30-21:00 |                              |                              |
| 21:00-22:30                                     | 21:00-22:30                       | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30 |                              |                              |
|                                                 |                                   |                               |                               |             |                              |                              |

| Tidsplan - Kunstgræsbane (11-mands) 23/2 - 1/3 |                             |                               |                               |             |                                |                                  |
|------------------------------------------------|-----------------------------|-------------------------------|-------------------------------|-------------|--------------------------------|----------------------------------|
| Mandag                                         | Tirsdag                     | Onsdag                        | Torsdag                       | Fredag      | Lørdag                         | Søndag                           |
| 09:00-10:30                                    | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30 | 09:00-10:00                    | 09:00-10:00                      |
| 10:30-12:00                                    | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00 | 10:00-12:00<br>DBU Kunstgræst. | 10:00-12:00<br>DBU Kunstgræst.   |
| 12:00-13:30                                    | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30 | 12:00-14:00<br>DBU Kunstgræst. | 12:00-14:00<br>DBU Kunstgræst.   |
| 13:30-15:00                                    | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00 | 14:00-16:00<br>DS - Gug        | 14:00-16:00<br>U15P L3 - Fortuna |
| 15:00-16:30                                    | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30 | 16:00-18:00<br>S3 - Vestbjerg  | 16:00-18:00<br>U16D L4 - KFUM    |
| 16:30-18:00<br>U9D + U10D                      | 16:30-18:00<br>U12P/U13P    | 16:30-18:00<br>U14D           | 16:30-18:00<br>U12D           | 16:30-18:00 | 18:00-20:00                    | 18:00-20:00                      |
| 18:00-19:30<br>DS + U13D                       | 18:00-19:30<br>DS + S3      | 18:00-19:30<br>U15D + U16D    | 18:00-19:30<br>U14P/U15P/U17P | 18:00-19:30 |                                |                                  |
| 19:30-21:00<br>U19D                            | 19:30-21:00<br>S4           | 19:30-21:00<br>U19D/S4        | 19:30-21:00<br>DS + S3        | 19:30-21:00 |                                |                                  |
| 21:00-22:30                                    | 21:00-22:30                 | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30 |                                |                                  |
|                                                |                             |                               |                               |             |                                |                                  |
| Tidsplan - Kunstgræsbane (8-mands)             |                             |                               |                               |             |                                |                                  |
| Mandag                                         | Tirsdag                     | Onsdag                        | Torsdag                       | Fredag      | Lørdag                         | Søndag                           |
| 09:00-10:30                                    | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30 | 09:00-10:30                    | 09:00-10:30<br>U14D              |
| 10:30-12:00                                    | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00 | 10:30-12:00                    | 10:30-12:00<br>U14D              |
| 12:00-13:30                                    | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30 | 12:00-13:30                    | 12:00-13:30                      |
| 13:30-15:00                                    | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00 | 13:30-15:00                    | 13:30-15:00                      |
| 15:00-16:30                                    | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30 | 15:00-16:30                    | 15:00-16:30                      |
| 16:30-18:00<br>U10P + U11P                     | 16:30-18:00<br>U8D          | 16:30-18:00<br>U7D + U7P      | 16:30-18:00<br>U11D           | 16:30-18:00 | 16:30-18:00                    | 16:30-18:00                      |
| 18:00-19:30<br>U13D                            | 18:00-19:30<br>ETT træning  | 18:00-19:30<br>U12D/U13D/U13P | 18:00-19:30<br>Kvinder S1     | 18:00-19:30 |                                |                                  |
| 19:30-21:00<br>Oldboys 40+                     | 19:30-21:00<br>FC Nordsiden | 19:30-21:00<br>Oldboys 53+    | 19:30-21:00                   | 19:30-21:00 |                                |                                  |
| 21:00-22:30                                    | 21:00-22:30                 | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30 |                                |                                  |
|                                                |                             |                               |                               |             |                                |                                  |

| Tidsplan - Kunstgræsbane (11-mands) 2/3 - 8/3 |                             |                               |                               |             |                                     |                                |
|-----------------------------------------------|-----------------------------|-------------------------------|-------------------------------|-------------|-------------------------------------|--------------------------------|
| Mandag                                        | Tirsdag                     | Onsdag                        | Torsdag                       | Fredag      | Lørdag                              | Søndag                         |
| 09:00-10:30                                   | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30 | 09:00-11:00                         | 09:00-11:00<br>U15P L3 - Freja |
| 10:30-12:00                                   | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00 | 11:00-13:00<br>U13D - Østvendssysse | 11:00-12:30<br>U15D L3 - FFI   |
| 12:00-13:30                                   | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30 | 13:00-15:00<br>DS - Hobro           | 12:30-14:30<br>U17P L2 - KFUM  |
| 13:30-15:00                                   | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00 | 15:00-17:00<br>S3 - Aalborg Stud.   | 14:30-16:30                    |
| 15:00-16:30                                   | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30 | 17:00-19:00                         | 16:30-18:30                    |
| 16:30-18:00<br>U9D + U10D                     | 16:30-18:00<br>U12P/U13P    | 16:15-17:30<br>U14D           | 16:30-18:00<br>U12D           | 16:30-18:00 | 19:00-21:00                         | 18:30-20:30                    |
| 18:00-19:30<br>DS + U13D                      | 18:00-19:30<br>DS + S3      | 17:30-18.45<br>U15D + U16D    | 18:00-19:30<br>U14P/U15P/U17P | 18:00-19:30 |                                     |                                |
| 19:30-21:00<br>U19D                           | 19:30-21:00<br>S4           | 18:45-20:45<br>VB - Odder     | 19:30-21:00<br>DS + S3        | 19:30-21:00 |                                     |                                |
| 21:00-22:30                                   | 21:00-22:30                 | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30 |                                     |                                |
|                                               |                             |                               |                               |             |                                     |                                |
| Tidsplan - Kunstgræsbane (8-mands)            |                             |                               |                               |             |                                     |                                |
| Mandag                                        | Tirsdag                     | Onsdag                        | Torsdag                       | Fredag      | Lørdag                              | Søndag                         |
| 09:00-10:30                                   | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30 | 09:00-10:30<br>Goalkeeper           | 09:00-10:30<br>Goalkeeper      |
| 10:30-12:00                                   | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00 | 10:30-12:00<br>Goalkeeper           | 10:30-12:00<br>Goalkeeper      |
| 12:00-13:30                                   | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30 | 12:00-13:30<br>Goalkeeper           | 12:00-13:30<br>Goalkeeper      |
| 13:30-15:00                                   | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00 | 13:30-15:00<br>Goalkeeper           | 13:30-15:00<br>Goalkeeper      |
| 15:00-16:30                                   | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30 | 15:00-16:30                         | 15:00-16:30                    |
| 16:30-18:00<br>U10P + U11P                    | 16:30-18:00<br>U8D          | 16:30-18:00<br>U7D + U7P      | 16:30-18:00<br>U11D           | 16:30-18:00 | 16:30-18:00                         | 16:30-18:00                    |
| 18:00-19:30<br>U13D                           | 18:00-19:30<br>ETT træning  | 18:00-19:30<br>U12D/U13D/U13P | 18:00-19:30<br>Kvinder S1     | 18:00-19:30 |                                     |                                |
| 19:30-21:00<br>Oldboys 40+                    | 19:30-21:00<br>FC Nordsiden | 19:30-21:00<br>Oldboys 53+    | 19:30-21:00                   | 19:30-21:00 |                                     |                                |
| 21:00-22:30                                   | 21:00-22:30                 | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30 |                                     |                                |
|                                               |                             |                               |                               |             |                                     |                                |

| Tidsplan - Kunstgræsbane (11-mands) 9/3 - 15/3 |                             |                               |                               |                            |                               |                                      |
|------------------------------------------------|-----------------------------|-------------------------------|-------------------------------|----------------------------|-------------------------------|--------------------------------------|
| Mandag                                         | Tirsdag                     | Onsdag                        | Torsdag                       | Fredag                     | Lørdag                        | Søndag                               |
| 09:00-10:30                                    | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30                | 09:00-11:00                   | 09:00-11:00                          |
| 10:30-12:00                                    | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00                | 11:30-13:00<br>U13D - Aabybro | 11:00-13:00<br>U17P L1 - Ikast FS    |
| 12:00-13:30                                    | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30                | 13:00-15:00<br>Sør Lyngdal    | 13:00-15:00<br>Sør Lyngdal           |
| 13:30-15:00                                    | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00<br>Sør Lyngdal | 15:00-17:00<br>S3 - RKG       | 15:00-17:00<br>Kvinder S1 - Nørhalne |
| 15:00-16:30                                    | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30                | 17:00-19:00                   | 17:00-19:00                          |
| 16:30-18:00<br>U9D + U10D                      | 16:30-18:00<br>U12P/U13P    | 16:30-18:00<br>U14D           | 16:30-18:00<br>U12D           | 16:30-18:00                | 19:00-21:00                   | 19:00-21:00                          |
| 18:00-19:30<br>DS + U13D                       | 18:00-19:30<br>DS + S3      | 18:00-19:30<br>U15D + U16D    | 18:00-19:30<br>U14P/U15P/U17P | 18:00-19:30                |                               |                                      |
| 19:30-21:00<br>U19D                            | 19:30-21:00<br>S4           | 19:30-21:00<br>U19D/S4        | 19:30-21:00<br>DS + S3        | 19:30-21:00                |                               |                                      |
| 21:00-22:30                                    | 21:00-22:30                 | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30                |                               |                                      |
|                                                |                             |                               |                               |                            |                               |                                      |
| Tidsplan - Kunstgræsbane (8-mands)             |                             |                               |                               |                            |                               |                                      |
| Mandag                                         | Tirsdag                     | Onsdag                        | Torsdag                       | Fredag                     | Lørdag                        | Søndag                               |
| 09:00-10:30                                    | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30                | 09:00-10:30                   | 09:00-10:30                          |
| 10:30-12:00                                    | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00                | 10:30-12:00                   | 10:30-12:00                          |
| 12:00-13:30                                    | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30                | 12:00-13:30                   | 12:00-13:30                          |
| 13:30-15:00                                    | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00                | 13:30-15:00                   | 13:30-15:00                          |
| 15:00-16:30                                    | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30                | 15:00-16:30                   | 15:00-16:30                          |
| 16:30-18:00<br>U10P + U11P                     | 16:30-18:00<br>U8D          | 16:30-18:00<br>U7D + U7P      | 16:30-18:00<br>U11D           | 16:30-18:00                | 16:30-18:00                   | 16:30-18:00                          |
| 18:00-19:30<br>U13D                            | 18:00-19:30<br>ETT træning  | 18:00-19:30<br>U12D/U13D/U13P | 18:00-19:30<br>Kvinder S1     | 18:00-19:30                |                               |                                      |
| 19:30-21:00<br>Oldboys 40+                     | 19:30-21:00<br>FC Nordsiden | 19:30-21:00<br>Oldboys 53+    | 19:30-21:00                   | 19:30-21:00                |                               |                                      |
| 21:00-22:30                                    | 21:00-22:30                 | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30                |                               |                                      |
|                                                |                             |                               |                               |                            |                               |                                      |

| Tidsplan - Kunstgræsbane (11-mands) 16/3 - 22/3 |                             |                               |                               |                                |                               |                           |
|-------------------------------------------------|-----------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|---------------------------|
| Mandag                                          | Tirsdag                     | Onsdag                        | Torsdag                       | Fredag                         | Lørdag                        | Søndag                    |
| 09:00-10:30                                     | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30<br>Dalen           | 09:00-10:30<br>Dalen          | 09:00-10:30<br>Helvik Roy |
| 10:30-12:00                                     | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00                    | 10:30-12:00<br>Helvik Roy     | 10:30-12:00<br>Gotia      |
| 12:00-13:30                                     | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30                    | 12:00-13:30<br>Gotia          | 12:00-14:00               |
| 13:30-15:00                                     | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00                   | 13:30-15:00                    | 13:30-15:30<br>S3 - KB 81     | 14:00-16:00               |
| 15:00-16:30                                     | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30<br>Dalen           | 15:30-17:30<br>S4 (1) - Dalen | 16:00-17:30<br>Helvik Roy |
| 16:30-18:00<br>U9D + U10D                       | 16:30-18:00<br>U12P/U13P    | 16:30-18:00<br>U14D           | 16:30-18:00<br>U12D           | 16:30-18:00<br>Gotia           | 17:30-19:30                   | 17:30-19:30               |
| 18:00-19:30<br>DS + U13D                        | 18:00-19:30<br>DS + S3      | 18:00-19:30<br>U15D + U16D    | 18:00-19:30<br>U14P/U15P/U17P | 18:00-20:00<br>S4 (2) - Ulsted |                               |                           |
| 19:30-21:00<br>U19D                             | 19:30-21:00<br>S4           | 19:30-21:00<br>U19D/S4        | 19:30-21:00<br>DS + S3        | 20:00 -21:30                   |                               |                           |
| 21:00-22:30                                     | 21:00-22:30                 | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30                    |                               |                           |
|                                                 |                             |                               |                               |                                |                               |                           |
| Tidsplan - Kunstgræsbane (8-mands)              |                             |                               |                               |                                |                               |                           |
| Mandag                                          | Tirsdag                     | Onsdag                        | Torsdag                       | Fredag                         | Lørdag                        | Søndag                    |
| 09:00-10:30                                     | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30                   | 09:00-10:30                    | 09:00-10:30                   | 09:00-10:30               |
| 10:30-12:00                                     | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00                   | 10:30-12:00                    | 10:30-12:00                   | 10:30-12:00               |
| 12:00-13:30                                     | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30                   | 12:00-13:30                    | 12:00-13:30                   | 12:00-13:30               |
| 13:30-15:00                                     | 13:30-15:00                 | 13:30-15:00                   | 09:00-10:30                   | 13:30-15:00                    | 13:30-15:00                   | 13:30-15:00               |
| 15:00-16:30                                     | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30                   | 15:00-16:30                    | 15:00-16:30                   | 15:00-16:30               |
| 16:30-18:00<br>U10P + U11P                      | 16:30-18:00<br>U8D          | 16:30-18:00<br>U7D + U7P      | 16:30-18:00<br>U11D           | 16:30-18:00                    | 16:30-18:00<br>Helvik Roy     | 16:30-18:00               |
| 18:00-19:30<br>U13D                             | 18:00-19:30<br>ETT træning  | 18:00-19:30<br>U12D/U13D/U13P | 18:00-19:30<br>Kvinder S1     | 18:00-19:30                    | 18:00-19:30                   |                           |
| 19:30-21:00<br>Oldboys 40+                      | 19:30-21:00<br>FC Nordsiden | 19:30-21:00<br>Oldboys 53+    | 19:30-21:00                   | 19:30-21:00                    | 19:30-21:00                   |                           |
| 21:00-22:30                                     | 21:00-22:30                 | 21:00-22:30                   | 21:00-22:30                   | 21:00-22:30                    |                               |                           |
|                                                 |                             |                               |                               |                                |                               |                           |

| Tidsplan - Kunstgræsbane (11-mands) 23/3 - 29/3 |                             |                                   |                               |             |                               |                                     |
|-------------------------------------------------|-----------------------------|-----------------------------------|-------------------------------|-------------|-------------------------------|-------------------------------------|
| Mandag                                          | Tirsdag                     | Onsdag                            | Torsdag                       | Fredag      | Lørdag                        | Søndag                              |
| 09:00-10:30                                     | 09:00-10:30                 | 09:00-10:30                       | 09:00-10:30                   | 09:00-10:30 | 09:00-11:00                   | 09:00-11:00                         |
| 10:30-12:00                                     | 10:30-12:00                 | 10:30-12:00                       | 10:30-12:00                   | 10:30-12:00 | 11:00-13:00                   | 11:00-13:00                         |
| 12:00-13:30                                     | 12:00-13:30                 | 12:00-13:30                       | 12:00-13:30                   | 12:00-13:30 | 13:00-16:00<br>DS - Holstebro | 13:00-15:00<br>S4.1 - FC Vesterbro  |
| 13:30-15:00                                     | 13:30-15:00                 | 13:30-15:00                       | 13:30-15:00                   | 13:30-15:00 | 16:00-18:00<br>S3 - Aabybro   | 15:00-17:00<br>S4.2 - Nordens Paris |
| 15:00-16:30                                     | 15:00-16:30                 | 15:00-16:30                       | 15:00-16:30                   | 15:00-16:30 | 18:00-20:00                   | 17:00-19:00                         |
| 16:30-18:00<br>U9D + U10D                       | 16:30-18:00<br>U12P/U13P    | 16:30-18:00<br>U13D L3 - Støvring | 16:30-18:00<br>U12D           | 16:30-18:00 | 20:00-22:00                   | 19:00-21:00                         |
| 18:00-19:30<br>DS + U13D                        | 18:00-19:30<br>DS + S3      | 18:00-19:30<br>U15D + U16D        | 18:00-19:30<br>U14P/U15P/U17P | 18:00-19:30 |                               |                                     |
| 19:30-21:00<br>U19D                             | 19:30-21:00<br>S4           | 19:30-21:00<br>S4 (1) - Jetsmark  | 19:30-21:00<br>DS + S3        | 19:30-21:00 |                               |                                     |
| 21:00-22:30                                     | 21:00-22:30                 | 21:00-22:30                       | 21:00-22:30                   | 21:00-22:30 |                               |                                     |
|                                                 |                             |                                   |                               |             |                               |                                     |
| Tidsplan - Kunstgræsbane (8-mands)              |                             |                                   |                               |             |                               |                                     |
| Mandag                                          | Tirsdag                     | Onsdag                            | Torsdag                       | Fredag      | Lørdag                        | Søndag                              |
| 09:00-10:30                                     | 09:00-10:30                 | 09:00-10:30                       | 09:00-10:30                   | 09:00-10:30 | 09:00-10:30<br>U12D - Sæby    | 09:00-10:30                         |
| 10:30-12:00                                     | 10:30-12:00                 | 10:30-12:00                       | 10:30-12:00                   | 10:30-12:00 | 10:30-12:00                   | 10:30-12:00                         |
| 12:00-13:30                                     | 12:00-13:30                 | 12:00-13:30                       | 12:00-13:30                   | 12:00-13:30 | 12:00-13:30                   | 12:00-13:30                         |
| 13:30-15:00                                     | 13:30-15:00                 | 13:30-15:00                       | 13:30-15:00                   | 13:30-15:00 | 13:30-15:00                   | 13:30-15:00                         |
| 15:00-16:30                                     | 15:00-16:30                 | 15:00-16:30                       | 15:00-16:30                   | 15:00-16:30 | 15:00-16:30                   | 15:00-16:30                         |
| 16:30-18:00<br>U10P + U11P                      | 16:30-18:00<br>U8D          | 16:30-18:00<br>U7D + U7P          | 16:30-18:00<br>U11D           | 16:30-18:00 | 16:30-18:00                   | 16:30-18:00                         |
| 18:00-19:30<br>U13D                             | 18:00-19:30<br>ETT træning  | 18:00-19:30<br>U12D/U13D/U13P     | 18:00-19:30<br>Kvinder S1     | 18:00-19:30 |                               |                                     |
| 19:30-21:00<br>Oldboys 40+                      | 19:30-21:00<br>FC Nordsiden | 19:30-21:00<br>Oldboys 53+        | 19:30-21:00                   | 19:30-21:00 |                               |                                     |
| 21:00-22:30                                     | 21:00-22:30                 | 21:00-22:30                       | 21:00-22:30                   | 21:00-22:30 |                               |                                     |
|                                                 |                             |                                   |                               |             |                               |                                     |

| Tidsplan - Kunstgræsbane (11-mands) 30/3 - 5/4 |                             |                               |                          |                        |             |                      |
|------------------------------------------------|-----------------------------|-------------------------------|--------------------------|------------------------|-------------|----------------------|
| Mandag                                         | Tirsdag                     | Onsdag                        | Torsdag<br>(Skærtorsdag) | Fredag<br>(Langfredag) | Lørdag      | Søndag<br>(Påskedag) |
| 09:00-10:30                                    | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30              | 09:00-10:30            | 09:00-11:00 | 09:00-11:00          |
| 10:30-12:00                                    | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00              | 10:30-12:00            | 11:00-13:00 | 11:00-13:00          |
| 12:00-13:30                                    | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30              | 12:00-13:30            | 13:00-15:00 | 13:00-15:00          |
| 13:30-15:00                                    | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00              | 13:30-15:00            | 15:00-17:00 | 15:00-17:00          |
| 15:00-16:30                                    | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30              | 15:00-16:30            | 17:00-19:00 | 17:00-19:00          |
| 16:30-18:00<br>U9D + U10D                      | 16:30-18:00<br>U12P/U13P    | 16:30-18:00<br>U14D           | 16:30-18:00              | 16:30-18:00            | 19:00-21:00 | 19:00-21:00          |
| 18:00-19:30<br>DS + U13D                       | 18:00-19:30<br>DS + S3      | 18:00-19:30<br>U15D + U16D    |                          |                        |             |                      |
| 19:30-21:00<br>U19D                            | 19:30-21:00<br>S4           | 19:30-21:00<br>U19D/S4        |                          |                        |             |                      |
| 21:00-22:30                                    | 21:00-22:30                 | 21:00-22:30                   |                          |                        |             |                      |
|                                                |                             |                               |                          |                        |             |                      |
| Tidsplan - Kunstgræsbane (8-mands)             |                             |                               |                          |                        |             |                      |
| Mandag                                         | Tirsdag                     | Onsdag                        | Torsdag                  | Fredag                 | Lørdag      | Søndag               |
| 09:00-10:30                                    | 09:00-10:30                 | 09:00-10:30                   | 09:00-10:30              | 09:00-10:30            | 09:00-10:30 | 09:00-10:30          |
| 10:30-12:00                                    | 10:30-12:00                 | 10:30-12:00                   | 10:30-12:00              | 10:30-12:00            | 10:30-12:00 | 10:30-12:00          |
| 12:00-13:30                                    | 12:00-13:30                 | 12:00-13:30                   | 12:00-13:30              | 12:00-13:30            | 12:00-13:30 | 12:00-13:30          |
| 13:30-15:00                                    | 13:30-15:00                 | 13:30-15:00                   | 13:30-15:00              | 13:30-15:00            | 13:30-15:00 | 13:30-15:00          |
| 15:00-16:30                                    | 15:00-16:30                 | 15:00-16:30                   | 15:00-16:30              | 15:00-16:30            | 15:00-16:30 | 15:00-16:30          |
| 16:30-18:00<br>U10P + U11P                     | 16:30-18:00<br>U8D          | 16:30-18:00<br>U7D + U7P      |                          |                        |             |                      |
| 18:00-19:30<br>U13D                            | 18:00-19:30<br>ETT træning  | 18:00-19:30<br>U12D/U13D/U13P |                          |                        |             |                      |
| 19:30-21:00<br>Oldboys 40+                     | 19:30-21:00<br>FC Nordsiden | 19:30-21:00<br>Oldboys 53+    |                          |                        |             |                      |
| 21:00-22:30                                    | 21:00-22:30                 | 21:00-22:30                   |                          |                        |             |                      |
|                                                |                             |                               |                          |                        |             |                      |



| Tidsplan - Kunstgræsbane (11-mands) 6/4 - 12/4 |             |                                   |             |             |             |             |
|------------------------------------------------|-------------|-----------------------------------|-------------|-------------|-------------|-------------|
| Mandag<br>(2. Påskedag)                        | Tirsdag     | Onsdag                            | Torsdag     | Fredag      | Lørdag      | Søndag      |
| 09:00-10:30                                    | 09:00-10:30 | 09:00-10:30                       | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 |
| 10:30-12:00                                    | 10:30-12:00 | 10:30-12:00                       | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 |
| 12:00-13:30                                    | 12:00-13:30 | 12:00-13:30                       | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 |
| 13:30-15:00                                    | 13:30-15:00 | 13:30-15:00                       | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 |
| 15:00-16:30                                    | 15:00-16:30 | 15:00-16:30                       | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 |
| 16:30-18:00                                    | 16:30-18:00 | 16:30-18:00                       | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 |
|                                                | 18:00-19:30 | 18:00-19:30<br>U17P L1 - Fyrkat Q | 18:00-19:30 | 18:00-19:30 |             |             |
|                                                | 19:30-21:00 | 19:30-21:00                       | 19:30-21:00 | 19:30-21:00 |             |             |
|                                                | 21:00-22:30 | 21:00-22:30                       | 21:00-22:30 | 21:00-22:30 |             |             |
|                                                |             |                                   |             |             |             |             |
| Tidsplan - Kunstgræsbane (8-mands)             |             |                                   |             |             |             |             |
| Mandag                                         | Tirsdag     | Onsdag                            | Torsdag     | Fredag      | Lørdag      | Søndag      |
| 09:00-10:30                                    | 09:00-10:30 | 09:00-10:30                       | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 |
| 10:30-12:00                                    | 10:30-12:00 | 10:30-12:00                       | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 |
| 12:00-13:30                                    | 12:00-13:30 | 12:00-13:30                       | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 |
| 13:30-15:00                                    | 13:30-15:00 | 13:30-15:00                       | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 |
| 15:00-16:30                                    | 15:00-16:30 | 15:00-16:30                       | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 |
| 16:30-18:00                                    | 16:30-18:00 | 16:30-18:00                       | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 |
| 18:00-19:30                                    | 18:00-19:30 | 18:00-19:30                       | 18:00-19:30 | 18:00-19:30 |             |             |
| 19:30-21:00                                    | 19:30-21:00 | 19:30-21:00                       | 19:30-21:00 | 19:30-21:00 |             |             |
| 21:00-22:30                                    | 21:00-22:30 | 21:00-22:30                       | 21:00-22:30 | 21:00-22:30 |             |             |
|                                                |             |                                   |             |             |             |             |

| Tidsplan - Kunstgræsbane (11-mands) 13/4 - 19/4 |             |             |             |             |             |             |
|-------------------------------------------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Mandag                                          | Tirsdag     | Onsdag      | Torsdag     | Fredag      | Lørdag      | Søndag      |
| 09:00-10:30                                     | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 | 09:00-11:00 | 09:00-11:00 |
| 10:30-12:00                                     | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 | 11:00-13:00 | 11:00-13:00 |
| 12:00-13:30                                     | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 | 13:00-15:00 | 13:00-15:00 |
| 13:30-15:00                                     | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 | 15:00-17:00 | 15:00-17:00 |
| 15:00-16:30                                     | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 | 17:00-19:00 | 17:00-19:00 |
| 16:30-18:00                                     | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 19:00-21:00 | 19:00-21:00 |
| 18:00-19:30                                     | 18:00-19:30 | 18:00-19:30 | 18:00-19:30 | 18:00-19:30 |             |             |
| 19:30-21:00                                     | 19:30-21:00 | 19:30-21:00 | 19:30-21:00 | 19:30-21:00 |             |             |
| 21:00-22:30                                     | 21:00-22:30 | 21:00-22:30 | 21:00-22:30 | 21:00-22:30 |             |             |
|                                                 |             |             |             |             |             |             |
| Tidsplan - Kunstgræsbane (8-mands)              |             |             |             |             |             |             |
| Mandag                                          | Tirsdag     | Onsdag      | Torsdag     | Fredag      | Lørdag      | Søndag      |
| 09:00-10:30                                     | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 | 09:00-10:30 |
| 10:30-12:00                                     | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 | 10:30-12:00 |
| 12:00-13:30                                     | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 | 12:00-13:30 |
| 13:30-15:00                                     | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 | 13:30-15:00 |
| 15:00-16:30                                     | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 | 15:00-16:30 |
| 16:30-18:00                                     | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 |
| 18:00-19:30                                     | 18:00-19:30 | 18:00-19:30 |             |             |             |             |
| 19:30-21:00                                     | 19:30-21:00 | 19:30-21:00 |             |             |             |             |
| 21:00-22:30                                     | 21:00-22:30 | 21:00-22:30 |             |             |             |             |
|                                                 |             |             |             |             |             |             |